

## Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 66 years in the making.*



## HEEL & TOE

March 11<sup>th</sup> 2021

### Queensland Athletics State T&F Championships 2021 March 11-14<sup>th</sup>

All the very best to the race walkers competing at the Queensland Athletics track championships this weekend. Many of the athletes will be looking ahead to the National Championships in Sydney in four weeks time. If you get the opportunity please get along to QSAC and support the athletes (entry by ticket only)

#### **Saturday March 13<sup>th</sup>**

8:30am 3,000m Walk Finals U14/U15/U16 Female

8:30am 3,000m Walk Finals U14/U15/U16 Male

8:55am 5,000m Walk Finals U17/U18 Female

8:55am 5,000m Walk Finals U17/U18 Male

#### **Sunday March 14<sup>th</sup>**

8.00am 10,000m Walk Final U20/Open Female

10,000m Walk Final U20/Open Male

#### **Women 10,000 Metre Race Walk Open**

1 Benzenati, Eleya Kenza 24 QUT

2 Gannon, Brenda 47 QA

3 Hayward, Katie 21 GCA

4 Smith, Clara 23 UN

#### **Women 10,000 Metre Race Walk Under 20**

1 Hill, Gabriella 18 GCV

2 McLoughlin, Amber 19 QA

3 McRoberts, Jasmine-Rose 19 QA

#### **Women 5,000 Metre Race Walk Under 18**

1 Ofield, Mackenzie 17 USC

#### **Women 5,000 Metre Race Walk Under 17**

1 Anderson, Jayda 16 GCA

2 Bergh, Mia 16 GCV

3 Brady, Korey 16 QA

4 Clarke, Anika 16 RED

5 Millard, Summer 16 QA

6 Porter, Sophie 16 QA

#### **Women 3,000 Metre Race Walk Under 16**

1 Chadwick, Phoebe 15 QA

2 Heap, Ashanti 15 GCA

3 Housden, Lily 15 QA

4 Lawson, Piper 15 RED

5 Norton, Amber 15 QA

#### **Women 3,000 Metre Race Walk Under 15**

1 Gee, Tamika 14 GCA

2 Goulding, Lily 14 QA

3 Hingst, Olivia 14 QA

4 Williams, Lyla 14 GCV

**Women 3,000 Metre Race Walk Under 14**

1 Clarke, Makenna 12 RED

2 Sharpe, Milly 13 GLD

**Men 10,000 Metre Race Walk Open**

1 Jimenez Solis, Ignacio V. 56 QMA

**Men 10,000 Metre Race Walk Under 20**

1 Whatman, Riley 18 NSW

**Men 5,000 Metre Race Walk Under 18**

1 McCure, Lachlan 17 GCV

2 Spanner, Jye 17 KPL

**Men 5,000 Metre Race Walk Under 17**

1 Norton, Kai 16 QA

**Men 3,000 Metre Race Walk Under 16**

1 Bannister, Jack 15 USC

2 Bradley, Alex 15 QA

3 McCure, Sam 15 QA

**Men 3,000 Metre Race Walk Under 15**

1 Housden, Bailey 14 QA

2 Wheeley, Roel 14 RED

**Men 3,000 Metre Race Walk Under 14**

1 Bricknell-Hewitt, Korbyn 12 GCV

2 Dale, Kai 13 GCV

3 Teasel, Bailey 13 GCV

4 Wheeley, Noah 12 RED

**General Public entry:**

\$5.00 adult / \$3.00 concession per day

\$10.00 adult / \$6.00 concession for the 4 day pass

**Coaches, Parents & Spectators must purchase entry tickets for the State Championship**

## Tokyo Olympics to be without overseas spectators?

Japan has decided to stage the Tokyo Olympics and Paralympics without overseas spectators because of COVID-19 concerns, a Japanese news agency reports, citing officials. The Tokyo 2020 organising committee has said in response that a decision would be made by the end of March. Kyodo news agency reports that the government has concluded it would not be possible to welcome fans from abroad given public concern about the coronavirus and the more contagious variants in many countries, citing officials with knowledge of the matter.

The Olympics are scheduled for July 23 to August 8 and the Paralympics from August 24 to September 5, having been postponed by a year. Tokyo 2020 President Seiko Hashimoto said she wants a decision on whether to let in overseas spectators before the start of the torch relay on March 25. "The decision regarding allowing spectators from overseas to attend the Tokyo 2020 Games will be made by the end of March based on factors including the state of infections in Japan and other countries," the organising committee said in response to the Kyodo report. In the last Olympic Games, the 2018 Winter Games in PyeongChang, South Korea, local fans accounted for 80 per cent of all ticket sales, with international fans buying 20 per cent.

While coronavirus infection numbers have been relatively low in Japan compared with the United States and many European countries, the country has been hit hard by the third wave of the pandemic and Tokyo remains under a state of emergency.

Japan has recorded more than 441,000 COVID-19 cases since the start of the pandemic, with the death toll at more than 8300.

Most Japanese people do not want international visitors to attend the Games amid fears that a large influx could spark a resurgence of infections, a Yomiuri newspaper poll showed. The survey showed 77 per cent of respondents were against allowing foreign fans to attend, versus 18 per cent in favour.

## Results Results Results

### Queensland Masters Track Championships QSAC

Saturday 6<sup>th</sup>

#### 5,000 Metre Race Walk

Kirwin, Roslyn W32 38:11.81 (38:11.82 51.79%)  
Gannon, Brenda W46 29:02.01 (26:51.36 73.66%)  
Woodward, Erika W54 31:12.34 (27:40.02 71.51%)  
Jimenez Solis, Ig M55 24:50.41 (20:50.46 86.18%)  
Stuckey, Jennifer W56 34:15.73 (28:57.30 68.32%)  
Bennett, Peter M65 30:12.35 (22:57.39 78.23%)  
McKinven, Noela W78 42:39.79 (27:39.26 71.54%)  
Sela, Patrick M81 40:34.77 (25:20.28 70.88)

Sunday 7<sup>th</sup>

#### 1,500 Metre Race Walk

Kirwin, Roslyn W32 9:24.52 (9:24.53 59.70%) **QMA Record**  
Gannon, Brenda W46 7:43.12 (7:08.39 78.67%) **QMA Record**  
Woodward, Erika W54 8:28.57 (7:31.36 74.66%)  
Stuckey, Jennifer W56 9:38.70 8:11.90 68.51%  
McKinven, Noela W78 12:22.26 8:20.21 67.37%  
Jimenez Solis, Ignacio M55 6:44.67 (5:37.70 91.50%) **QMA Record**  
Bennett, Peter M65 8:21.22 (6:18.78 81.58%)

*Age Graded Times & Percentages in Brackets*



#### Oceania Masters Virtual Championships

Brenda Gannon  
Australia  
Women 45  
3000m Race Walk  
Gold

*Masters medal time; Iggy, Brenda, Noela & Peter*

It has been a successful week for Brenda who has really hit her straps since her first 50km race in December to become the premier women's Masters race walker in Queensland. Two gold medals at the Championships and a State record to go with her Oceania Masters Virtual Championships gold medal.

### Australian Track & Field Championships (Open and Underage) Sydney Olympic Park Athletics Centre April 12-19<sup>th</sup>

April 13<sup>th</sup>

Women U14 3,000 metres

Men U14 3,000 metres

U15 3,000 metres

U16 3,000 metres

## **April 14<sup>th</sup>**

Women U15 3,000 metres  
U16 3,000 metres

## **Thursday April 15<sup>th</sup>**

Women U20 10,000 metres  
Open 10,000 metres

## **Friday April 16<sup>th</sup>**

Men U20 10,000 metres  
Open 10,000 metres

## **Saturday April 17<sup>th</sup>**

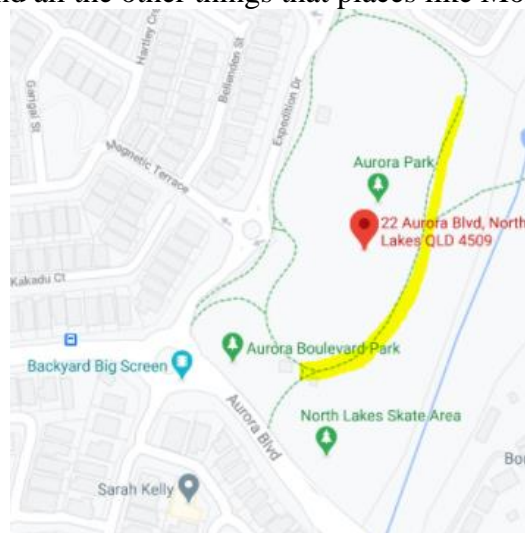
Women U17 5,000 metres  
U18 5,000 metres  
Men U17 5,000 metres  
U18 5,000 metres

# **Countdown is on QRWC Winter Road Walk Season**

Now that the track Championships for State and Nationals are nearly here it is time to start getting ready for the club winter road walk season which will take place on most Sunday mornings from April through to the beginning of September. The 2020 season was severely curtailed because of COVID-19 restrictions and we are hoping to get a full season of competition (handicap races, track & road championships) this year. But, after what we all went through in the last 12 months, we know that nothing can be taken for granted.

We have been looking for a venue on the northside of Brisbane for some time and are pleased to announce that we will be trialing a circuit at Aurora Park (22 Aurora Boulevard, North Lakes) early in the season. Club personnel measured out a 1km loop (500 metres out and back in yellow highlighter below) at the park and it looks very promising.

There is ample carparking, electric bbq's, toilets, seating & shelter, water bubblers, kids play area, dog off lease area and all the other things that places like Morningside don't have.



**Aurora Park, North Lakes**

Next week we will have a programme out for the first half of the season and the date and notification of the club AGM. Please give some thought about taking on an active role within the club either on the Management Committee or one of the many support roles that are crucial to conducting safe and compliant road walk meets. We are hoping that with the recent judging seminar we will have a bigger pool of judges to call on each week. During the off season we have welcomed volunteers taking on the roles of Uniforms Office and that of Handicapper. Two very important roles we will be looking to fill by the start of the season are that of Social Media Co-Ordinator and Club Registrar. We would be very keen to hear from anyone interested in these positions

All QRWC memberships for 2021/2012 become due on April 1<sup>st</sup>.

### **COMING UP – Track & Road Walks**

March 11-14<sup>th</sup> QA State Age & Open Track Championships

March 27<sup>th</sup> AA 50km Championships / AA 20km Championships Vic

April 12-21<sup>st</sup> AA Track & Field Championships Sydney

~~April 23-24<sup>th</sup> Australian Little Athletics Championships Vic~~ **Cancelled**

### **This Week**

All the action is on the track at QSAC this weekend with the conducting of the QA State Age & Open Track Championships with the walk events on Saturday ( Age ) and Sunday ( U20 & Open ) morning.

### **PAN PACIFIC MASTERS GAMES SET FOR 2021 RETURN**



### **Entries opening Tuesday March 16<sup>th</sup>**

The Queensland Race Walking Club has been appointed to deliver the 10km road walks at the 2021 Pan Pacific Masters Games.

Check out the Road Walk page at <https://mastersgames.com.au/ppmg/sports/>

The walks will take place on Sunday November 14<sup>th</sup> at the Luke Harrop Cycling Circuit at Runaway Bay at 7am

Sport Fee: \$20 per person

Games Fee: Competitor: Early bird \$125 (until 11:59pm AEST 31 August 2021) Standard \$145 (from 1 September 2021)

Entries Close Wednesday 3 November 2021 (11:59pm AEST)

Event Enquiries :Pan Pacific Masters Games Email: [info@mastersgames.com.au](mailto:info@mastersgames.com.au) Phone: +61 7 5668 9888

### **Racewalking Queensland Management Committee 2020/21**

#### **As elected AGM November 21<sup>st</sup>**

Congratulations to the newly elected Management Committee that will take us through until the 2021 AGM scheduled for April.

**President:** S. Pearson

**Secretary:** N. McKinven

**Vice President.** P Bennett

**Treasurer** R Hamann

**Committee:** I. Jimenez, S. Langley, T. Norton, J Stuckey

**Patrons:** Patrick & Maxine Sela

**Registrar:** T Norton

**Uniforms:** J Stuckey

**Newsletter Editor:** P. Bennett

**Club Captains:** Jasmine-Rose McRoberts / Ignacio Jimenez

### **QA Membership Details South Qld 2020/21 Season**

**Base Membership - \$12 plus club fee**

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet  
All State Championships\* - \$30 per event

Eligible for in-stadium\*\* state teams & national teams - \$100 fee  
Eligible for all out of stadia\*\*\* state teams & national teams

**Club Coach, Officials & Volunteers - \$0**

**If you need clarification on any aspect of membership and benefits please email**  
[info@qldathletics.org.au](mailto:info@qldathletics.org.au)

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

To search for a walks coach, see their qualifications, contact details or where & when the coach go to ; <http://icoach.athletics.com.au/at/icoach/Search.aspx>

## **Racewalking Queensland**

(Trading as the *Queensland Race Walking Club Inc.* ABN 59065512712)

**Racewalking Queensland Management Committee 2020/21**

**President:** S. Pearson

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**Committee:** I. Jimenez, S. Langley, T. Norton, J Stuckey

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**Registrar:** T Norton

**Uniforms:** J Stuckey

**Newsletter Editor:** P. Bennett

**Club Captains:** Jasmine-Rose McRoberts / Ignacio Jimenez

**QRWC Website:** [www.qrwc.com.au](http://www.qrwc.com.au)

## **Queensland Athletics Member Protection Policy**

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

**You can read the full policy here**

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

**Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

QRWC race entries [qrwc1955@icloud.com](mailto:qrwc1955@icloud.com)

## **About us ....**

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>